

Physical Education Index

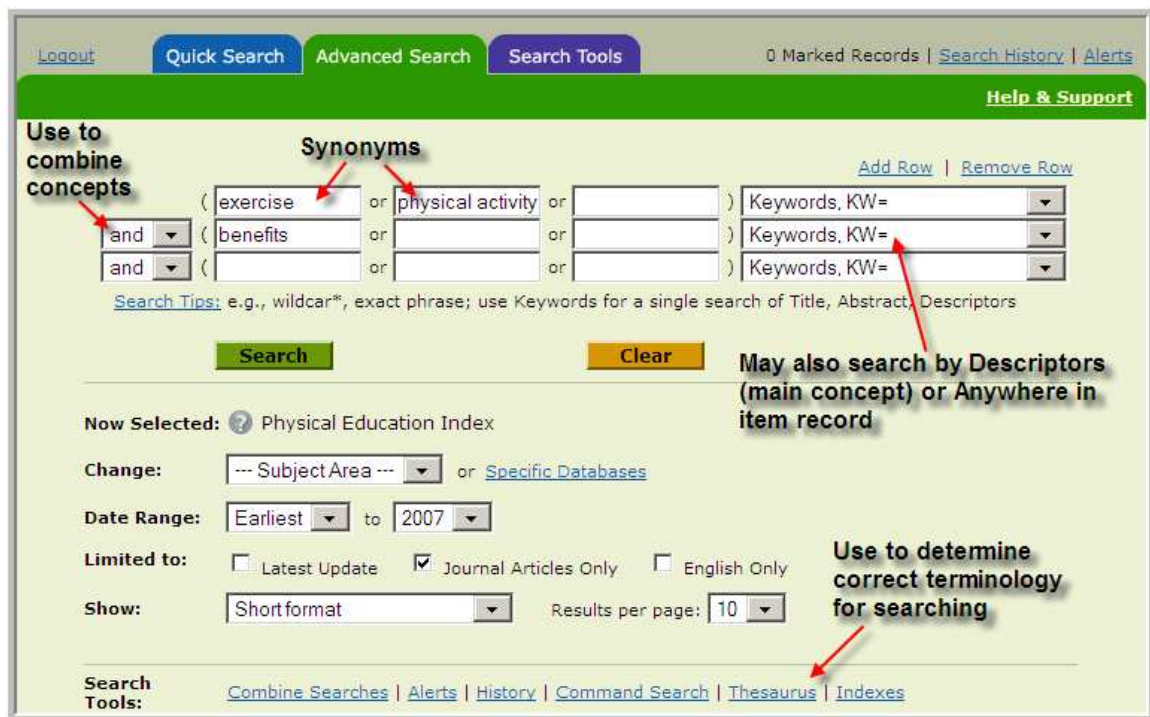
- Index and description of articles in physical education and kinesiology from 1960 to the present.

Getting Started:

- <http://library.csustan.edu>
- **Journal Articles and Databases**
- Physical Education (Kinesiology)
- Physical Education Index

Advanced Searching:

- Use core terms or phrases to represent the concepts of your search.
- If you are unsure of the correct terminology to represent the concepts in your search, use the online **thesaurus** under **Search Tools** located at the bottom of the screen.
- Place each **unique concept** in a **separate row**.
- Use the word **and** to connect the concepts (exercise **and** blood pressure).
- Place **synonyms** that represent a concept in the **same row** but **different columns**.
- Use the word **or** to connect synonyms (for example, exercise **or** physical activity).



The screenshot shows the search interface for the Physical Education Index. At the top, there are navigation tabs: Logout, Quick Search, Advanced Search (selected), and Search Tools. On the right, it shows '0 Marked Records' and links for Search History and Alerts. A green bar at the top right contains 'Help & Support'.

The main search area is titled 'Use to combine concepts' and features a table with columns for 'Synonyms' and 'Keywords, KW='. The table has three rows. The first row contains 'exercise' and 'physical activity' in the synonyms column, and 'Keywords, KW=' in the keywords column. The second row contains 'benefits' and an empty field in the synonyms column, and 'Keywords, KW=' in the keywords column. The third row contains an empty field in the synonyms column and 'Keywords, KW=' in the keywords column. Red arrows point to the 'and' dropdowns in the first column, the 'Synonyms' header, and the 'Keywords, KW=' dropdowns. There are also 'Add Row' and 'Remove Row' links.

Below the table is a 'Search Tips' section: 'e.g., wildcard*, exact phrase; use Keywords for a single search of Title, Abstract, Descriptors'. There are 'Search' and 'Clear' buttons.

Below the search area, it says 'Now Selected: Physical Education Index'. There are options to 'Change' the subject area or 'Specific Databases', and a 'Date Range' from 'Earliest' to '2007'. There are also checkboxes for 'Limited to': 'Latest Update', 'Journal Articles Only' (checked), and 'English Only'. There is a 'Show' dropdown set to 'Shortformat' and 'Results per page' set to '10'. A red arrow points to the 'Thesaurus' link in the 'Search Tools' section with the annotation 'Use to determine correct terminology for searching'. Other search tools include 'Combine Searches', 'Alerts', 'History', 'Command Search', and 'Indexes'. A note says 'May also search by Descriptors (main concept) or Anywhere in item record'.

Understanding the Results:

All Publication Types 69 Journals 69 Peer-Reviewed Journals 58 ← Click for results from scholarly journals

Mark or Clear all on page | Update Marked List | Save, Print, Email Sort by: Most Recent First Go

Click title to view full record Rank results by date or relevance Record # Go

1. [Physical Activity Assessments for Individuals With Disabilities](#)
 Fittipaldi-Wert, Jeanine; Brock, Sheri J
 Teaching Elementary Physical Education [Teaching Elem. Phys. Ed.]. Vol. 17, no. 4, pp. 22-26. Jul 2006.
 The purpose of this article is to describe modifications to *physical activity* assessments for individuals with disabilities. The National Center on *Physical Activity* and Disability's slogan is "*Exercise* is for every body." ...
[View Record](#) | **FIND IT!** Database: Physical Education Index
 Descriptors: [Exercise](#) | [Handicapped](#) | [Wellness](#) | [Health](#) | [Evaluation](#) | [Heart diseases](#) | [More..](#)

2. [Power training for older adults](#)
 Porter, MM
 Canadian Journal of Applied Physiology/Revue Canadienne de Physiologie Appliquee [Can. J. Appl. Physiol./Rev. Can. Physiol. Appl.]. Vol. 31, no. 2, pp. 87-94. Apr 2006.
 ... secondary prevention of disability are often mentioned as *benefits* of strength training, the evidence for this is limited and inconclusive. Researchers have started to examine another form of resistance training that may prove to be more beneficial ...
[View Record](#) | **FIND IT!** Database: Physical Education Index
 Descriptors: [Training](#) | [disabilities](#) | [Elderly](#) | [prevention](#) | [aging](#) | [Injuries](#) | [More..](#)

How do I find the article in the library?

Does the library have the journal available electronically?	Does the library own the print copy of the journal?
<ul style="list-style-type: none"> ▪ Click FIND IT! that appears on the results list or towards the top of the Record View. ▪ Another window will open; if the article is available in full-text electronically, a link will appear that reads, "Full text available online via (name of database)." ▪ Click GO to retrieve the full text of the article in another database. ▪ Full text usually may be printed, saved or e-mailed. 	<ul style="list-style-type: none"> ▪ Click FIND IT! that appears on the results list or towards the top of the Record View. ▪ Another window will open; if the library subscribes to the journal, a link will appear that reads, "We may have a copy in print." ▪ Click GO to retrieve the catalog record. ▪ Check the Library Holdings at the bottom of the catalog record to see the volumes and issues available in the library. ▪ You may obtain articles from journals that are not subscribed in the library by submitting an online Interlibrary Loan Form. Click on Interlibrary Loan Services on the library's homepage.

